

*Truli Holistic Veterinary Services*

# STATE OF MEDICAL ARTS NEWSLETTER

October 6, 2020

## Canine Yeast Dermatitis Tests & Treatment



### Let's diagnose and treat canine yeast dermatitis effectively!

Dr Truli shares state of the medical art information about testing, treating & monitoring canine yeast dermatitis.

## *How We Diagnose Canine Yeast Dermatitis*

6 October 2020

\$ approx \$35

\$\$ (\$45-\$99)

\$\$\$ (\$99+)

A requires anesthesia

### Tests to Diagnose Yeast Dermatitis

#### Acetate Tape Preparation \$

*Painless test. Dr Truli collects skin surface cells and organisms with special tape, prepares the sample & inspects the result under the microscope. Provides ID & counts the yeast & commensal organisms.*

#### Skin Scrape Cytology \$

*The lesions are scraped and the resulting detritus examined under the microscope. This test excels at finding organisms hidden in the hair follicles*

#### Skin Slide Impression Smear Cytology \$

*A variation of the tape test using a glass slide.*

#### Skin Biopsy \$\$\$

*For persistent, multi-factorial cases, tiny circles of skin are removed with local numbing. Biopsies are the most definitive and comprehensive test, but also the most expensive.*

### Effective Yeast Treatment Necessitates Diagnosing Predisposing and Perpetuating Factors

#### Predisposing factors to canine yeast:

- Seborrhea Oleosa
- Hypothyroidism
- Atopic Dermatitis “skin allergies”
- Immune Deficiency, certain meds
- Genetic in certain breeds:
  - Westies, Bassets, Cockers, Silkies, Aussies, Maltese, Chihuahuas, Poodles, Shelties, Dachshunds

#### Perpetuating factors to canine yeast:

- Concomitant bacterial, fungal or mite infections
- Medications, allergen exposures

## How to Treat Yeast Dermatitis

Canine yeast dermatitis results from untreated or unavoidable predisposing factor(s).

### Medicated Baths \$

*Anti-yeast Rx shampoo +/- anti-seborrhea shampoos with 10 minutes contact time every 2-4 days for 4-6 weeks*

### Rx Anti-yeast medications \$\$

*Proper dosing for at least 4-6 weeks with timely Dr recheck required for success. Proper liver & kidney monitoring with these meds*

### Treat Predisposing Factors

*Omega 3 Fatty Acids*

*Vitamin D3 Level Optimization*

*Seborrhea control*

*Test and treat thyroid gland function*

*Test for allergies and treat*

*Treat bacteria, mites, fungus at the same time*

## Integrative Care for Yeast Dermatitis

### Vitamin D optimization \$

*Dr Truli tests VitD<sub>3</sub> canine blood levels. 75% of dogs need more Vit D to decrease inflammation.*

### Herbal Remedies \$ to \$\$

*As one of the first 27 veterinarians in the US to obtain the Master of Traditional Chinese Veterinary Medicine degree from Chi University, Dr Truli designs custom herbal formulas unique for your dog.*

### Provider

Dr Sandra Truli Springer, VMD, MS-TCVM

Text (813) 714-7863, Call (877) 378-7854

Email [DrTruli@VetVMD.com](mailto:DrTruli@VetVMD.com)

© 2020 Boston Brain Bank, LLC, used with permission.

# Merlin Truli

Male neutered 7 year old German Shepherd  
Dog weighing 110#

In the care of the Dr Truli Family  
Love & Kisses Lane, Palm Harbor FL  
(877) 378-7854, [DrTruli@VetVMD.com](mailto:DrTruli@VetVMD.com)

## *Yeast Dermatitis Care Plan*

6 October 2020

### Suggested Tests

*Skin scrape, tape, fungal culture. Blood tests checking if organs function normally, Vitamin D, OmegaQuant, thyroid function*

### Suggested Treatments

*Medicated baths, avoid allergens, Rx meds, herbal meds, treat comorbidities (like sluggish thyroid.)*

### Monitoring Healing Effects

*Examination after 30 days of starting this plan. Yeast skin counts, recheck liver and kidneys. Examination after 60 days. Recheck Vitamin Levels, yeast counts.*

### What You Can Expect

*Your fur-baby should be eating well, relieving themselves on time, itching and licking less. Many dogs experience a lightness of mood or playfulness that they have not felt in some time.*

### When to Be Concerned

*Any new symptoms of illness may be a sign of another problem or progression of the condition we are treating in the first place. Contact Dr Truli immediately. If your fur-baby still does not take the medicine, please contact Dr Truli for guidance.*